ABSTRACT OF THE DISCLOSURE

An image display element 1 and an observation optical system 2 which forms an exit pupil 4 for observation of an image displayed on the image display element are included, wherein the observation optical system 2 has at least one surface 2_1 that has a lens function, and the following condition (1) is satisfied:

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$$0.1 < P \cdot PD \cdot ZD < 5 \tag{1}$$

where P is a pixel pitch (in μm) of the image display element, PD is a diameter (in mm) of the exit pupil, and ZD is a distance (in mm) from the display surface of the image display element to the first surface having a lens function. Whereby, weight reduction is achieved while good image quality is maintained regarding an image display apparatus that is used for magnifying observation of an image on a display element.